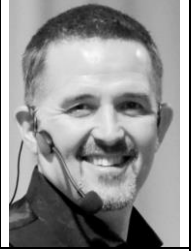


Safe Cha

Niels Poulsen (DK): nielsbp@gmail.com

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Type of dance: 32 counts, 4 walls, High improver
 Music: **Rescue me** by OneRepublic. 121 bpm. Track length: 2:58. Buy on iTunes etc
 Intro: 32 counts from beginning of track. App. 16 secs. into track. Start with weight on L foot
 OBS!!! NO TAGS – NO RESTARTS ☺

Counts	Footwork	End facing
1 – 9	Sway RLR, L chassé, R back rock, R step lock step	
1 – 3	Step R to R side swaying upper-body R (1), sway body to L side (2), sway body to R side (3)	12:00
4&5	Recover onto L (4), step R next to L (&), step L to L side (5)	12:00
6 – 7	Rock back on R (6), recover fwd onto L (7)	12:00
8&1	Step R fwd (8), lock L behind R (&), step R fwd (1)	12:00
10 – 17	Step ½ R, L step lock step, R cross rock, recover sweep, R sailor step	
2 – 3	Step L fwd (2), turn ½ R onto R (3)	6:00
4&5	Step L fwd (4), lock R behind L (&), step L fwd (5)	6:00
6 – 7	Sweep R fwd and cross rock R over L (6), recover back on L sweeping R to R side (7)	6:00
8&1	Cross R behind L (8), step L a small step to L side (&), step R to R side (1)	6:00
18 – 25	Hold, ball side, Hold, ball side, together L, ¼ L fwd R, L step lock step	
2 – &3	HOLD (2), step L next to R (&), step R to R side (3)	6:00
4 – &5	HOLD (4), step L next to R (&), step R to R side (5)	6:00
6 – 7	Step L next to R (6), turn ¼ L stepping R fwd (7)	3:00
8&1	Step L fwd (8), lock R behind L (&), step L fwd (1)	3:00
26 – 32	R fwd, ½ L, L coaster step sweep, cross, side L, together R, change weight to L	
2 – 3	Step R fwd (2), turn ½ L with weight staying on R (3)	9:00
4&5	Step back on L (4), step R next o L (&), step L fwd sweeping R fwd (5)	9:00
6 – 7	Cross step R over L (6), step L to L side (7)	9:00
8&	Step R next to L (8), step L next to R (&)	9:00
Start Again!		
Ending	It comes on wall 9 (starts facing 12:00). Do up to count 27. When doing your L coaster step you turn ¼ R stepping L to L side at the end of your coaster step ☺	12:00