

"High Off Ur Vibe"

STRICTLY LINEDANCE 6

Choreographer: Amy Spencer, Adam Berman,
Kerri Uttaro and Roberto Corporan

Music: "You're Making Me High" by Toni Braxton

Description: 32 Count - 4 Wall - Intermediate Line Dance

Intro: Dance starts after 32 counts of solid instruments (*on the vocals*),
weight on left



Ball walk walk, sexy walk sexy walk, step step, knee melt, twist knee out then in

- & 1 2 Press ball of right foot back, step frwd left, step frwd right
- 3 4 With sexy styling slightly cross left over right, then right over left walking frwd
- & 5 Open up the feet stepping left to left then right to right (place hands on outer thighs)
- 6 7 Slowly collapse the right knee inward as you lower down and arms trace legs from the outside thigh to inside the knees
- & 8 Using hand push right knee open and collapse inward again (weight changes to right)

Leap touch body roll, leap step 1 ¼ turn jump open, 3 hip swings right left right

- & 1 2 Leap onto the left foot, touch right to right side, body rolls top to bottom
- & 3 4 Leap onto the left foot, step right making 1 ¼ turn right
- 5 Jump feet open and reach right arm straight up
- 6 7 Hip swings right(right arm shifts right) hip swings left(right hand crosses to left shoulder)
- 8 Hip swings left (right arm drops down and out by right hip)
Alternate styling on 6-8 is to have the right arm swing out then trace the back of the head and down the side of the body

2 body rolls, behind side cross step, step hitch ¼ turn, step ½ turn, leap step body roll

- 1 2 Body rolls quickly from chest down to hip keeping weight on the right foot
- 3 & 4 Step left behind right, step open with right, step left across
- 5 & 6 Step right foot to right making ¼ turn, hitch left while making ½ turn to the right, step down on left next to right
- & 7 8 Leap slightly back on right foot, step frwd with left, body roll from hips to shoulders

Ball step cross, hitch cross unwind with sweep, behind step, open step, swivel swivel ¼ turn

- & 1 2 Press ball of right foot open to right side, step left in place, cross step right over left
- & 3 Hinge left knee up then drop left across right
- 4 5 Unwind making full turn right, during turn release right foot in a sweep motion (ronde')
- & 6 Continue motion of sweep and place right behind left, step open with left foot
- 7 8 Swivel heels to right, swivel heels to left and make ¼ turn right

No tags and no restarts !!!

This dance is about using the body and feeling the music. ENJOY !

