

No Dancing Today

32 count, 4 wall, Beginner/Intermediate level
Choreographer: Audrey Watson (Scotland) Aug 06
Choreographed to: I Don't Feel Like Dancing (Radio Edit) by Scissor Sister (108 bpm)

Side Tog, Back & Cross, Side, Kick Ball Step, Clap Clap.

- 1-2 Step right to r/side, close left next right.
3&4 Step back on right, step left l/side, cross right over left.
5-6&7 Step left to left side, kick right fwd, step down on right, step fwd on left.
&8 Clap hands twice.

Fwd& Back, Back & Fwd, Step 1/4 Turn Cross, Side Mambo.

- 1&2 Rock fwd on right, rock back on left, step back on right.
3&4 Rock back on left, rock fwd on right, step fwd on left.
5&6 Step fwd on right, turn 1/4 left, cross right over left.
7&8 Rock left to l/side, rock weight on right, step left next right.(optional clap)

Behind & Cross, Bump & Bump, Behind 1/4 Turn Fwd, Kick Ball Step.

- 1&2 Swing right out & behind left, step left to l/side, cross right over left.
3&4 Touch left toe to l/side bumping hips left, right, left.
5&6 Step left behind right, turn 1/4 right stepping fwd on right, step fwd on left.
7&8 Kick right foot fwd, step down on right, step fwd on left.

Cross Back Side, Cross Back Side. Coaster Step. Rock 1/4 Turn Stomp.

- 1&2 Cross right over left, step back on left, step right to r/side.
3&4 Cross left over right, step back on right, step left to l/side.
5&6 Step back on right, step left next right, step fwd on right.
7&8 Step fwd on left rock 1/4 turn right, stomp left next right.

TAG 4 Count Tag To Be Added At The End Of Wall 11 right Rock Cross, Left Rock Cross

- 1&2 Rock right to right side, recover on left, cross right over left.
3&4 Rock left to l/side, recover on right, cross left over right.
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