

# Up, Side, Down

Choreographed by Marthe Thibeault

Description: 48 count, 4 wall, intermediate line dance

Music: Upside Down by My Baby [ CD: Disco Dance Hits 1976-1996 ]

## 6 WALKS FORWARD, STEP RIGHT, STEP LEFT

1-2 Traveling forward walk right, left

3-4 Walk forward right, left

5-6 Walk forward right, left

7-8 Step right, left in place

*Optional arms for above 8 counts. Both arms move at the same time*

### Left arm

1 Straight up over head

2 Straight down beside left hip

3-6 Repeat 1-2 two more times

7-8 Both arms remain down as you step right, left in place

### Right arm

1 Straight up over head

2 Straight out to right side

3 Straight down beside right hip

4-6 Repeat 1-3 (up, side, down)

7-8 Both arms remain down as you step right, left in place

## RIGHT COASTER, ½ TURN PIVOT, LEFT SHUFFLE FORWARD, ¼ LEFT, RIGHT SIDE SHUFFLE

1&2 Step back on right, step back left next to right, step forward on right

3-4 Step forward left, ½ turn right taking weight on right

5&6 Step forward left, step right beside left, step forward left

7&8 ¼ turn left, step right out to right side, step left beside right, step right out to right side

## CROSS STEP, ¼ TURN KICK, CROSS SHUFFLE, STEP CROSS, HOLD, BOUNCE, BOUNCE

1-2 Cross left over right, on the ball of left ¼ turn left, kick right to right side

3&4 Cross right over left, step left to left, cross right over left

&5 Step left to left, cross right over left

6 Hold

7-8 Bounce; bounce (by flexing knees, weight ending on right)

## POINT CROSS, POINT & POINT, CROSS POINT, POINT & POINT

1-2 Point left to left side, cross left over right

3&4 Point right to right side, step right in place, point left to left side

5-6 Step left over right, point right out to right side

&7&8 Step right in place, point left to left side, step left in place, point right to right side

## BEND KNEES, POINT LEFT, ¼ TURN LEFT, LEFT FORWARD SHUFFLE, SKATE RIGHT, LEFT, RIGHT, LEFT

1-2 Bend knees, shift weight over to right, as your point left out to left side

3&4 ¼ turn left (or 1 ¼ turns left) step forward left, step right beside left step forward left

5-6 Skate right, left

7-8 Skate right, left

## 3 WALKS BACK WITH TOUCH, 3 WALKS BACK WITH TOUCH

1-4 Walk back right, left, right, touch left beside right

5-8 Walk back left, right, left, touch right beside left

REPEAT