

## Bounce

(a.k.a. Groove)

Choreographed by Barry Durand

Description: 32 count, 4 wall, beginner line dance

Music: **Slow** by Kylie Minogue [ 116 bpm / CD: [Body Language](#) ]

**Bounce** by Sarah Connor [ CD: [Sarah Connor](#) / CD: Bravo Hits 42 / CD: [Sarah Connor](#) / CD: [Unbelievable](#) ]

Any Funky Music

Video: <http://www.ucwdc.org/competition/linedances.shtm>

### TAP STEPS, STATIONARY PIVOT, TRIPLE STEP

1-4 Tap forward left, step on left, tap forward right, step on right

5-6 Stationary pivot turn to right by stepping forward left, ½ turn to right step on right

7&8 Triple step forward left, right, left

### TAP STEPS, STATIONARY PIVOT, TRIPLE STEP

*Same as above but starting on other foot*

1-4 Tap forward right, step on right, tap forward left, step on left

5-6 Stationary pivot turn to left by stepping forward right, ½ turn to left step on left

7&8 Triple step forward right, left, right

### KICK BALL PRESS ¼ TURN, HEEL DROPS, BRUSH POINT TAP, BACK AND TAP

1&2 Kick ball change ending with press on right by kicking left, step together with left, turn ¼ turn to right and press forward on right ball of foot

3-4 Drop right heel 2 times

5&6 Slightly brushing the floor with left point left in front of you slightly off the floor, jump forward slightly as step on left, tap right behind and crossed

7&8 Hold, jump back onto right, tap left together with right turning body ¼ turn to right but still facing same direction

*I don't consider this a turn. Just tapping together with both knees slightly bent and left hip facing the original direction facing when doing the jump. Body does feel like it made a ¼ turn right. Prepare to do hip roll*

### HIP ROLL STEP, SYNCOPATED VINE

1-3 Roll left hip in a circle starting forward then left, back, right, forward

4-5 Finish hip roll with a ¼ turn for your body and side step to left, step side right

6&7-8 Cross behind left, side right, cross front left, side right

*When you do the hip roll and then step side, you should be facing the wall you were facing for the jumps on the side step*

**REPEAT**

---

### Choreographer Contact Information:

**Barry Durand** | [[EMail](#)] | [[Website](#)] | **Address:** P.O. Box 8886, Gaithersburg, MD 20898 | **Phone:** 505-286-8646 or 301-762-5777